

## HIGH SCHOOL – SPORTS POLICY

### SPORT ACTIVITIES

All students are encouraged to participate in the Inter-house competition for the various sports disciplines. Students are also expected to participate in a sport at least two days a week per term. These are the sports played in each term for boys and girls:

	TERM 1	TERM 2	TERM 3	TERM 4
<b>Boys</b>	Swimming Tennis Squash Running Club Sport of Climbing	Soccer Tennis Squash Running Club Sport of Climbing	Soccer Tennis Squash Running Club Sport of Climbing	Swimming Tennis Squash Running Club Sport of Climbing
<b>Girls</b>	Swimming Tennis Squash Body Conditioning Running Club Sport of Climbing	Hockey Tennis Soccer Squash Body Conditioning Running Club Netball Sport of Climbing	Hockey Tennis Soccer Squash Body Conditioning Running Club Netball Sport of Climbing	Swimming Tennis Squash Body Conditioning Running Club Sport of Climbing

A full sports practice timetable will be issued to each student at the start of each term. A Calendar of Events and fixtures for the term will also be issued. School fixtures must have preference over club sports, medical appointments etc. Please support the school in this regard. Harvest Christian School has a strict policy that a fixture will only be cancelled due to inclement weather conditions. Parents are encouraged to attend all school sports fixtures, as well as Inter-house activities.

If a student is not wearing the correct practice or match kit the following disciplinary action will be enforced:

- A warning then followed by a yellow card for second offence. (Incorrect Practice kit)
- A red card (Incorrect Match kit)

Students will receive a yellow card if he/she fails to attend a practice or if he/she fails to excuse him/herself from a practice before the practice is scheduled to start.

A student not arriving for a fixture or not playing a fixture due to forgetting correct match kit will be given a red card as well as a suspension mark. The same applies for students who display ill-discipline on and off the field.

### **NON-SCHOOL SPORT**

Students will be considered for a 20% mark allocation where a non-school sport is being played at Provincial / National level outside of school times and hours. Full details must be submitted in writing at the start of each term, prior to the sport taking place, to the Sports Coordinator. Students are encouraged to participate in school sports in addition to non-school sport where possible. An outside club sport will be considered for a 20% mark allocation, if ratified by the school. Full details must be submitted in writing at the start of each term, prior to the sport taking place, to the Sports Coordinator.

### **SPORTSMANSHIP AND GAMESMANSHIP**

All students at Harvest Christian School must accept the responsibility of demonstrating good sportsmanship at all times. Inappropriate behaviour, i.e. swearing, foul play, etc., is not acceptable on the sports field. Action will be taken against students who exhibit inappropriate behaviour. All parents are expected to set an example as they support their studentren from the side of the field.

# SPORT PARTICIPATION POLICY

Sport at Harvest Christian School is compulsory for students. We expect all students to participate in a school sport as we firmly believe in the benefits that this has. Sport is an integral part of social development that needs to be encouraged. We aim to produce young men and women who play with good sportsmanship and are competitive every time they step onto the field. We want to teach our students to be committed to their team and take responsibility for their actions. To ensure that this happens, we need commitment from the students who choose to play a sport for the duration of that particular season. In order to fulfill fixtures that are scheduled a term in advance, we need all students to be at every practice and to prioritize every fixture that has been arranged. Parents are asked to please refrain from making other commitments for students on days when practices or fixtures have been scheduled. Students may not change their sport choices during the season, unless this has been approved by the Sports Coordinator.

To help with this matter a Sports' Participation Policy has been drawn up to ensure that students are committed to their sport and their respective team. Students are expected to adhere to the following:

1. If a student puts his/her name down for a sport – he/she must fulfill all commitments to that sport for the entire season.
2. Students may not change their sport choices during the season, unless this has been approved by the Sports Coordinator.
3. All students are expected to be at every practice for the duration of the term. A practice timetable will be given to each student at the beginning of term. Correct clothing must be worn to practice. If a student is going to miss a practice for medical reasons or for special circumstances, then he/she must produce a medical note or a note from their parent/guardian explaining why they cannot attend the practice. The note must be handed to the Sports Coordinator by 09:00 on the day of the practice. The student must also excuse himself/herself from the relevant coach (or teacher in charge). If a student forgets their kit or is well enough to attend but not participate, he/she will still be expected to attend the practice, but will sit on the sideline and help in whatever way he/she can.
4. All students are expected to be at every fixture for the duration of the term. A fixture list will be given to each student at the beginning of every term. Correct clothing must be worn at fixtures. Except for medical reasons, a student may not miss a sports fixture. If a student is sick on the day of a sports fixture and cannot take part, he/she must produce a medical note or a note from their parent/guardian and a phone call must be made to the Sports Coordinator before 09:00 on the day of the fixture. If the fixture is on a Saturday, then the Sports Coordinator, coach or teacher in charge must be contacted by 07h00 on Saturday morning.

All this will ensure the enjoyable participation by all students in the various sporting codes on offer and assist Harvest Christian School in being able to fulfill all scheduled fixtures. The support of the parents is essential in taking Harvest Christian School forward into the future as we continue to forge a reputation as being a school which never gives up.